

## 1. Selected Research Related to the Pivotal Role of Purpose in Mental and Physical Health

*Purpose in Life and Use of Preventive Health Care Services—Kim, Stretcher and Ryff:* <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4246300/>

*Purpose in Life and Reduced Risk of Myocardial Infarction, Journal of Behavioral Medicine Feb 2012:* <https://www.ncbi.nlm.nih.gov/pubmed/22359156>

*Purpose in Life and Reduced Risk of Stroke:* <https://www.ncbi.nlm.nih.gov/pubmed/23597331>

*Purpose in Life and Sleep Disturbances, Journal Behavioral Medicine 2015:* <https://www.ncbi.nlm.nih.gov/pubmed/25822118>

*Journal of Substance Abuse 2011:* <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3031725/>

*Purpose and Suicide Prevention:* <https://www.cdc.gov/media/releases/2018/p0607-suicide-prevention.html>, <https://www.cbsnews.com/news/suicide-youth-teens-whats-behind-rise/>, <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4322214/>

*Life on Purpose by Victor Strecher:* <https://www.harpercollins.com/9780062409607/life-on-purpose/>

*Excellent Sheep by William Deresiewicz:* <https://www.amazon.com/Excellent-Sheep-Miseducation-American-Meaningful/dp/1476702721>

*Aspen Ideas Festival Interview: William Deresiewicz and David Brooks*

*Fit over College Rank in Determining Success after Graduation:* [https://ed.stanford.edu/sites/default/files/challenge\\_success\\_white\\_paper\\_on\\_college\\_admissions\\_10.1.2018-reduced.pdf](https://ed.stanford.edu/sites/default/files/challenge_success_white_paper_on_college_admissions_10.1.2018-reduced.pdf)

## 2. Selected Research Related to the Arts, the Job Market, and 21st Century Job Skills

*Artists and the job market:*

<https://www.forbes.com/sites/katiasavchuk/2015/08/19/why-art-school-can-be-a-smart-career-move/#3ea2e0f8372f>: *Visual and performing art students who graduated in 2014 had an average starting salary of \$36,222, according to the National Association of Colleges and Employers. That's higher than majors in biology and education.*

<https://www.nytimes.com/2011/10/31/arts/study-says-artists-have-higher-salaries.html>

<https://www.arts.gov/sites/default/files/105.pdf>

<https://www.arts.gov/sites/default/files/103.pdf>

According to a 2014 report by the Strategic National Arts Alumni Project (SNAAP) on career prospects and experiences for graduates in the arts, 80 percent of recent graduates find a first job that's either "closely" or "somewhat" related to their education. Sixty-five percent of recent alumni and 68 percent of distant alumni continue to work in arts-related fields. And even among those who don't work in the arts, over half still said their arts training is relevant to their job.:

[http://snaap.indiana.edu/pdf/2014/SNAAP\\_AR\\_2014.pdf](http://snaap.indiana.edu/pdf/2014/SNAAP_AR_2014.pdf)

[https://www.mckinsey.com/~media/McKinsey/Featured%20Insights/Digital%20Disruption/Harnessing%20automation%20for%20a%20future%20that%20works/MGI-A-future-that-works\\_Executive-summary.ashx](https://www.mckinsey.com/~media/McKinsey/Featured%20Insights/Digital%20Disruption/Harnessing%20automation%20for%20a%20future%20that%20works/MGI-A-future-that-works_Executive-summary.ashx)