



7 Week Series

Positive Discipline Parenting Workshop

For Parents & Caregivers
of Children Ages 11-18

Positive Discipline assists parents in understanding the underlying reasons to a child's misbehavior and incorporates respect, love and firmness into discipline. The workshop provides parents the needed tools to create a home environment strengthened by mutual respect, cooperation and communication. It's for parents seeking long-term parenting skills to encourage their children to become responsible individuals and have greater respect for themselves and others.

Learn new and practical parenting tools to take home that you can start using right away to more effectively manage challenges in your home and assist children in developing:

- **Responsibility**
- **Problem-Solving Skills**
- **Self-Esteem**
- **Communication Skills**
- **Self-Discipline**
- **Essential Life Skills**

Registration is limited, so don't miss the opportunity to join!
For more information and to register, visit our website:

www.austinfamilycounseling.com/workshops-groups



DATES

Every Tuesday
2/19/19 - 3/5/19
and
3/19/19 - 4/9/19



TIME

7:30PM - 9:30PM



LOCATION

Austin Family Counseling
5000 Bee Caves Rd. STE 100
Austin, TX 78746

WORKSHOP FACILITATORS

JOSH KILLAM, LPC-INTERN

Certified Positive Discipline Parent Educator
Supervised by Susan Gonzales, LPC-S, LMFT-S

JULIE SMITH, LMFT-ASSOCIATE

Certified Positive Discipline Parent Educator
Supervised by Kirby Schroeder, LPC-S, LMFT-S