



National Alliance on Mental Illness

nami

Austin

FREE EDUCATION and SUPPORT

for Families and Adults Living with a Mental Health Diagnosis

FALL 2016 SCHEDULE

➤ **NAMI Family-to-Family: Free 12-session Class for Family Members of Adults**

MONDAYS, September 12 - December 5, 6:30 p.m. - 9:00 p.m., Austin Christian Church, Austin

TUESDAYS, September 13 - December 6, 6:30 p.m. - 9:00 p.m., Austin State Hospital, Austin

➤ **NAMI Homefront: Free 6-session Class for Family Members of Military Service Members & Veterans**

THURSDAYS, September 15 - October 20, 6:30 p.m. - 8:30 p.m., Southeast Health & Wellness Center, Austin

➤ **NAMI Peer-to-Peer: Free 10-session Class for Adults**

THURSDAYS, September 22 - December 1, 6:30-8:30 p.m. St. Johns United Methodist Church, Austin

➤ **NAMI Basics: Free 6-session Class for Parents & Caregivers of Children/Teens**

SATURDAYS, October 1 - November 5, 10 a.m. - 12:30 p.m., St. Johns United Methodist Church, Austin

THURSDAYS, October 20 - December 1, 6:30 p.m. - 9 p.m., Bethany United Methodist Church, Austin

REGISTRATION IS REQUIRED!

info@namiaustin.org

512-420-9810

www.namiaustin.org

Support for classes provided by:

SHIELD-AYRES
FOUNDATION



DONALD D. HAMMILL
FOUNDATION