

## Fall 2016/ Spring 2017 Workshop Schedule

Barb Steinberg, LMSW – Teen Life Coach

### **FRENEMIES** - for girls in 4th-7th grades

Talk about BFFs, part-time friends/part-time mean girls and how to handle the drama.

**Date/Time: Sunday, Nov. 13, 2016; 1:00-2:30**

**Location:** West Austin Counseling, 950 Westbank Dr., Suite 104, 78746

**Cost:** \$35/girl

### **DRAMA-FREE FRIENDSHIPS** - for girls in 4th-7th grades

Practice how to handle specific situations, such as being caught in the middle, feeling left out and how to "break up" with a friend.

*Note: Participants are not required to attend Frenemies to register.*

**Date/Time: Sunday, Feb. 12, 2017; 1:00-2:30**

**Location:** West Austin Counseling, 950 Westbank Dr., Suite 104, 78746

**Cost:** \$35/girl

### **Other appearances:**

**Mean Girls No More** at Westbank Library – 12pm – November 3<sup>rd</sup> – Free!

**We Are Girls Conference** at Austin High School – November 5<sup>th</sup> – register at [genaustin.org](http://genaustin.org)

***\*\*Is there a topic you want to talk more about? Would you like to gain tools and receive support when it comes to raising your girls? Email Barb to talk about hosting a custom workshop for you and your friends!***